

# St Wilfrid's Catholic Primary School



## **Relationship and Sex Education (RSE)**

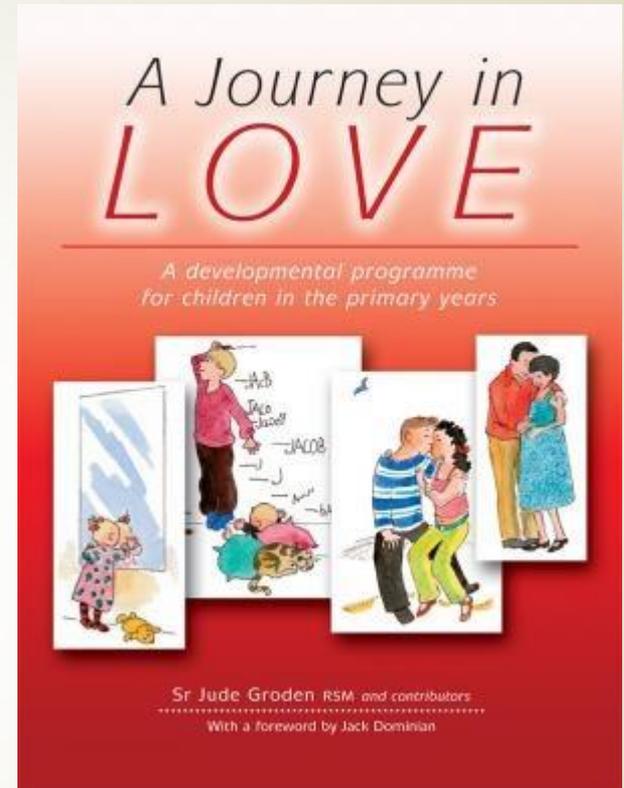
*A Presentation for Parents*

- # What is RSE?

The place of RSE in the curriculum of a Catholic School

- ## *A Journey in Love*

- An introduction to the programme
- Its structure and content



- RSE is the life long learning about physical, moral and emotional development.
- It is the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care.
- It is also about the teaching of sex, sexuality and sexual health



# RSE at St Wilfrid's

- We believe parents are the prime educators of their children
- The school, church and family will work together; our role as a school is to support you and not to replace you
- RSE forms a part of the RE, PSHE and Science Curriculum
- RE, Science, PSHE and RSE will have overlapping areas
- Our key objective is the well-being of the child
- Parents have the right to withdraw their children from elements of RSE education



# *A Journey in Love*

The central message of the Christian faith is love. The central message of RSE teaching is love.

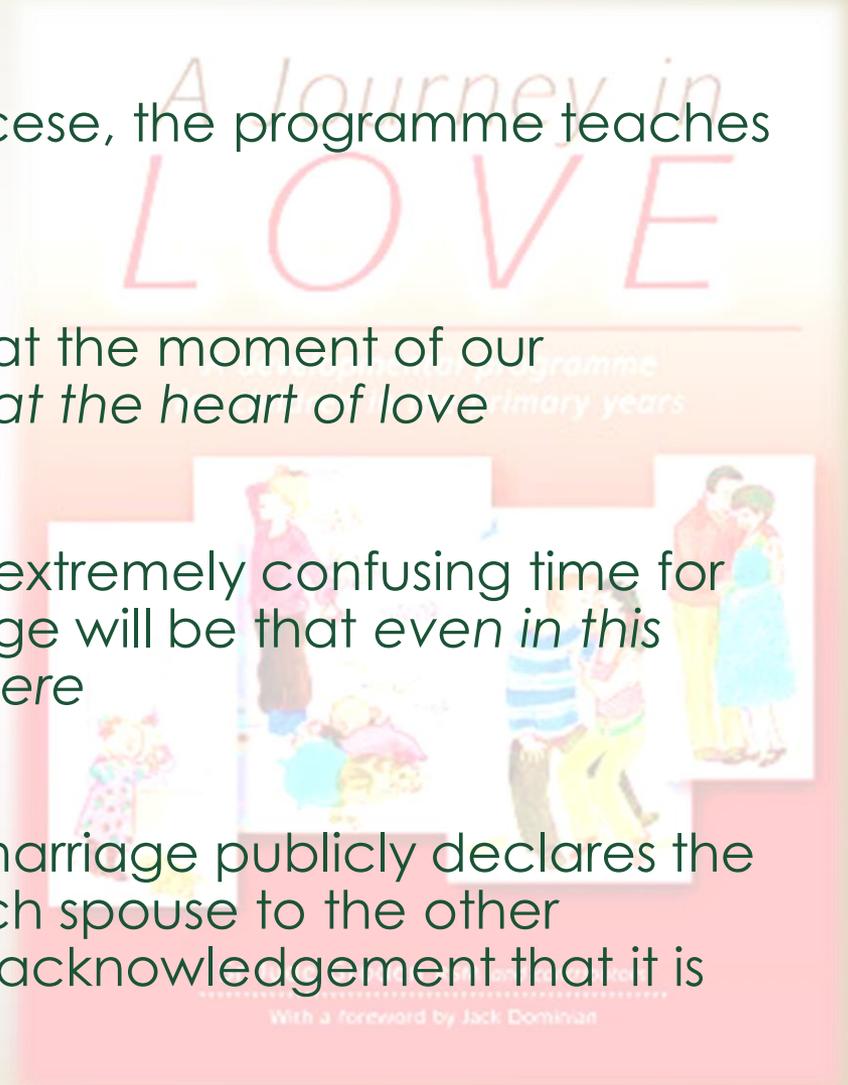
“My commandment is this: love one another, just as I have loved you”

John 15:12

# A Journey in Love

Approved by the Diocese, the programme teaches that:

- The journey begins at the moment of our conception *God is at the heart of love*
- Puberty can be an extremely confusing time for children, our message will be that even *in this confusion, God is there*
- The Sacrament of marriage publicly declares the commitment of each spouse to the other permanently in the acknowledgement that it is God-given



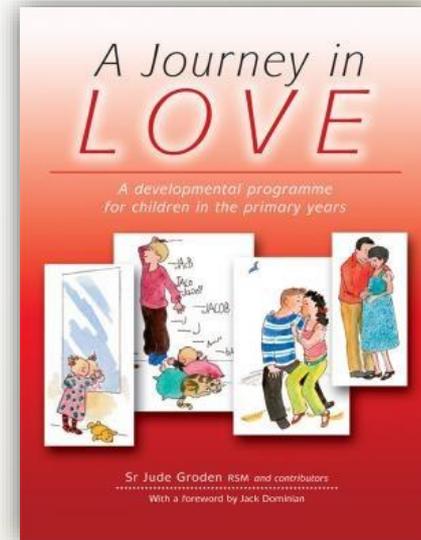
# The structure of *A Journey in Love*

The programme is made up of 4 areas:

- Physical
- Social
- Emotional
- Intellectual

Each area is broken down into:

- Activities
- Pause & Reflect
- Prayer



**What will 'A Journey In Love' look like in each year group?**





# Nursery

- Children begin to know and understand that they are part of the wonder of God's love and creation

## **Examples of Nursery activities:**

- Focus on different parts of their body and look at their own and each others features
- Observe facial expressions
- Identify the signs of feeling happy and sad
- Look at the wonders of God's world through the song 'If I were a butterfly'



# Reception

- Children know and understand that God has made them unique and that although we are all different we are all special to him.

## **Examples of Reception activities:**

- Discuss how we are different from one another
- Identify who they play with and what they enjoy doing
- Look at the different types of friends they have
- Describe how to be a good friend
- Recognise that Jesus is our friend



# Year 1

Children know and understand that they are growing and developing as members of their own family and God's family.

## **Examples of Year 1 activities:**

- Talk about who is in their family
- Talk about how fast babies change and grow
- Look at happy and sad moment within a family
- How is love shown in a family?
- Know that we are members of God's family



# Year 2

Children know and understand that they are growing and developing in a God-given community.

## **Examples of Year 2 activities:**

- What is community?
- Explore school as a community
- How can we contribute to the community?
- As children of God, how should we help each other?

# Year 3

Children know and understand the virtues essential to friendship e.g. loyalty, responsibility and experience the importance both of forgiving and being forgiven and of celebrating God's forgiveness.

## **Examples of Year 3 activities:**

- Who cares for me at home, school, parish, community?
- How do you keep safe?
- How do you take care of others?
- How do you feel if a friend is not there for you or you are not there for them?
- How can I forgive and include others as Jesus did?



# Year 4

Children know and understand that they are all different and celebrate these differences as they appreciate that God's love accepts us as we are and as we change.

## **Examples of Year 4 activities:**

- Recognise all pupils grow and develop at a different rate
- Identify the development of the baby in the womb
- Look at how pupils appreciate their own and others gifts, talents, achievements and all that makes us unique
- St Paul's teaching on love

# Year 5

Children know and become aware of the physical and emotional changes that accompany puberty- sensitivity, mood swings, anger, boredom, etc.

They grow further in their understanding of God's presence in their daily lives.

## **Examples of Year 5 activities:**

- Identify and celebrate the ways I have changed since birth
- Discuss the external and internal changes which happen to boys and girls in puberty- pupils will be divided into male and females and taught separately for this section of the unit
- Recognise behaviour changes as we grow up
- Identify that physical changes from child to adult means the ability to become a mother or father
- Reflect on ways to become more sensitive to the emotional development of oneself and of others

# Year 6

Children develop, in an appropriate way for their age, an understanding of sexuality and grow further in their appreciation of their dignity and worth as children of God.

## **Examples of Year 6 activities:**

- Explain how human life is conceived
- Recognise Male and female reproductive organs.
- Know that sexual intercourse occurs between loving parents
- Understand how a child grows within the mother's womb
- Understand that God causes new life to begin through the love that parents have for each other
- Celebrate God's creative love in creating us as his children